



## Mechanisms of human decision making: Conscious and unconscious influences

Marcel Brass
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## New people working for IAP

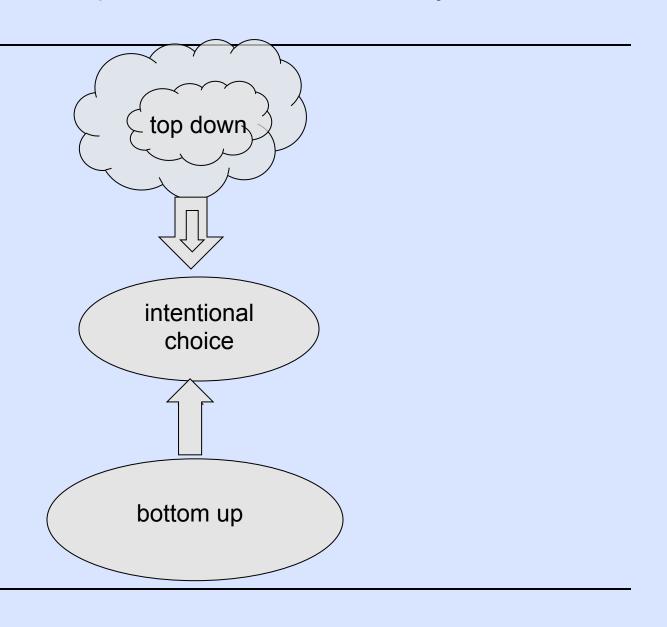


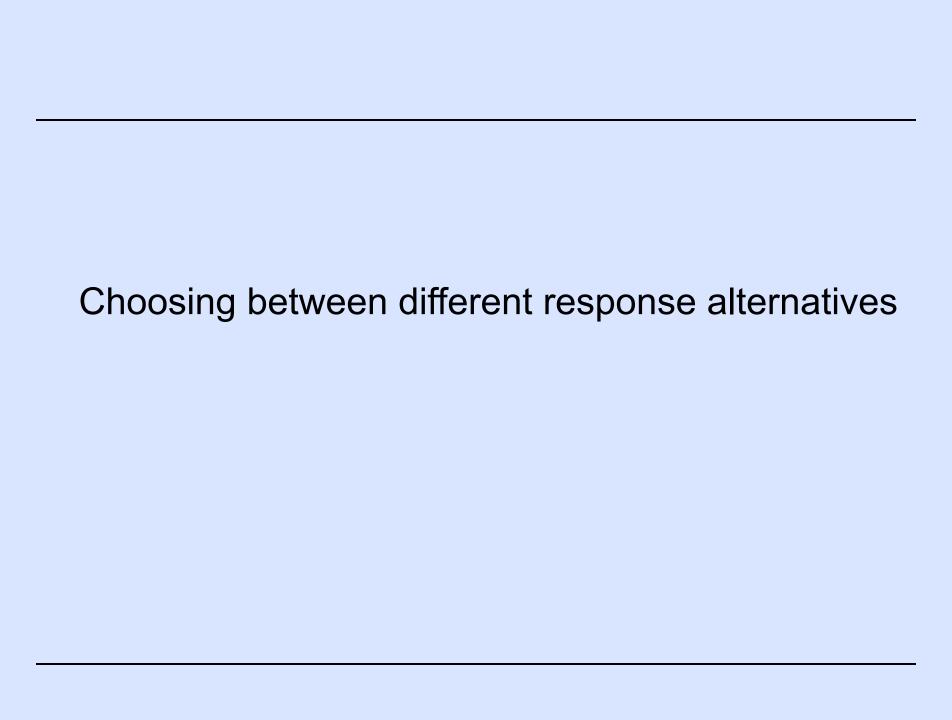
Senne Braem (Postdoctoral researcher)



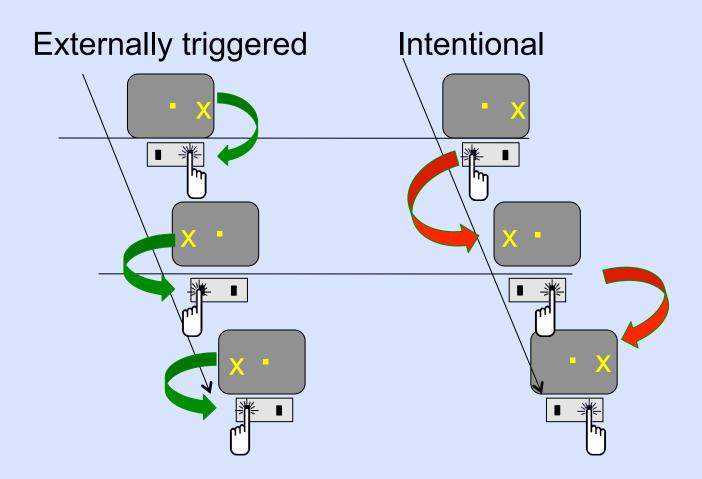
Martijn Teuchies (PhD student)

## Top-down and bottom-up influences on voluntary action



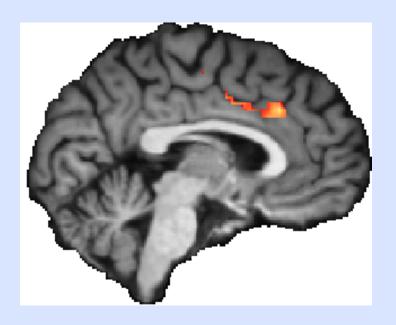


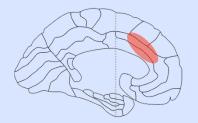
# Deciding what to do

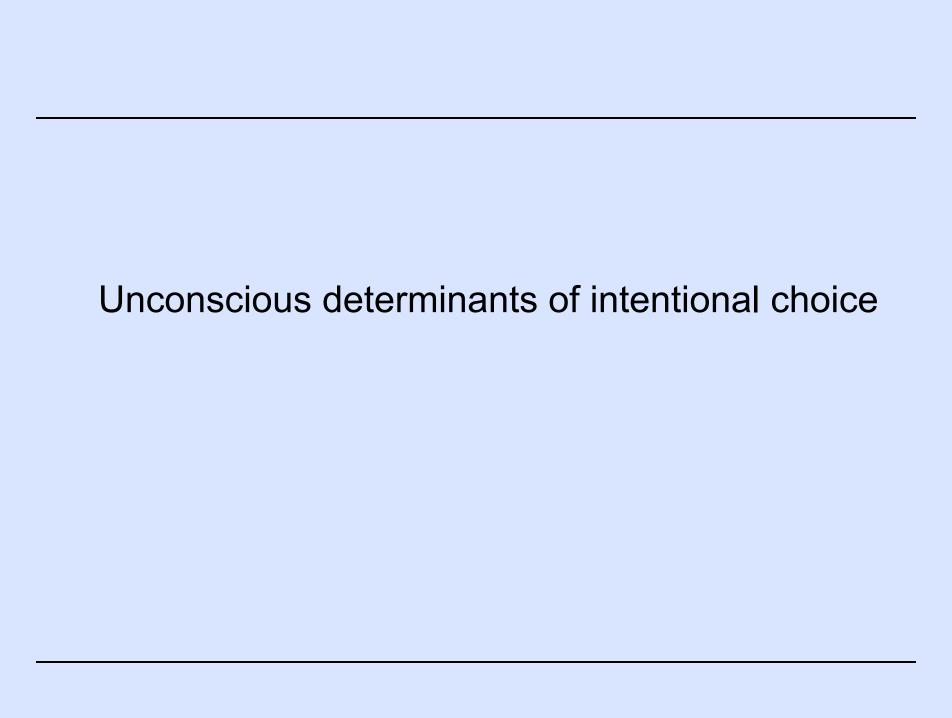


# Internally versus externally triggered action

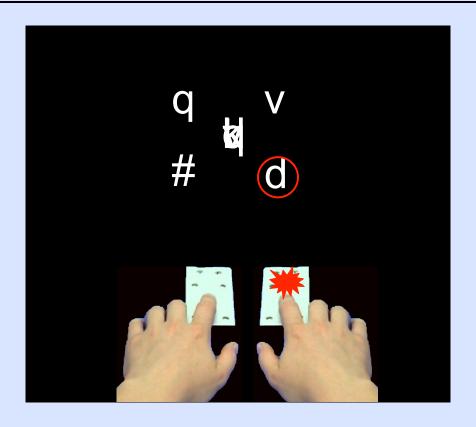
Rostral cingulate zone (RCZ)



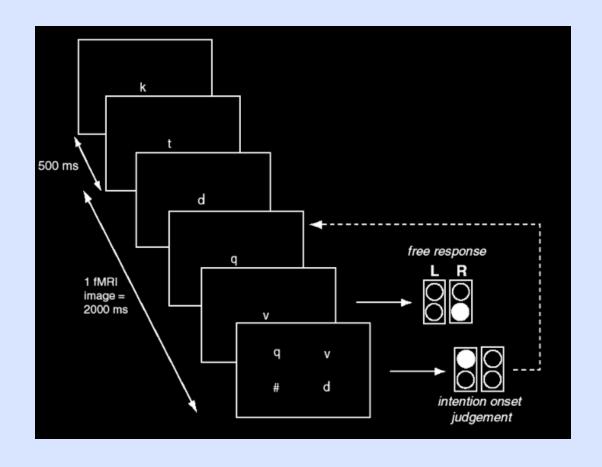




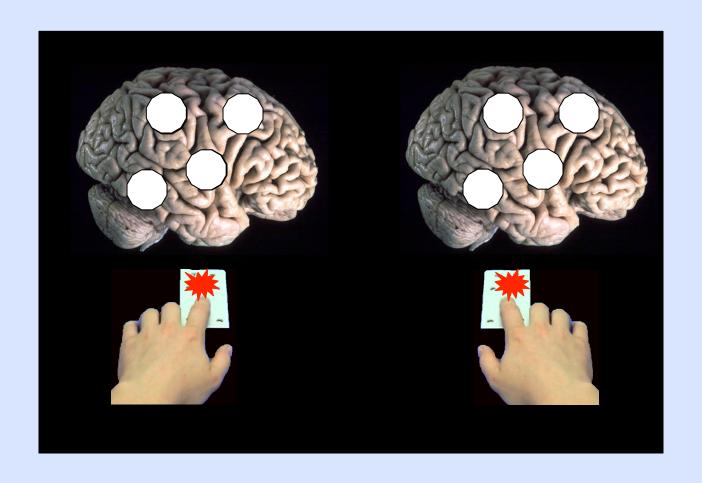
# Intentional choice



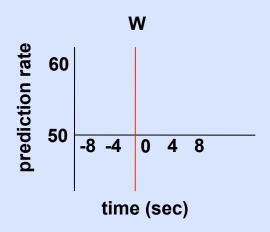
## A variant of the Libet paradigm



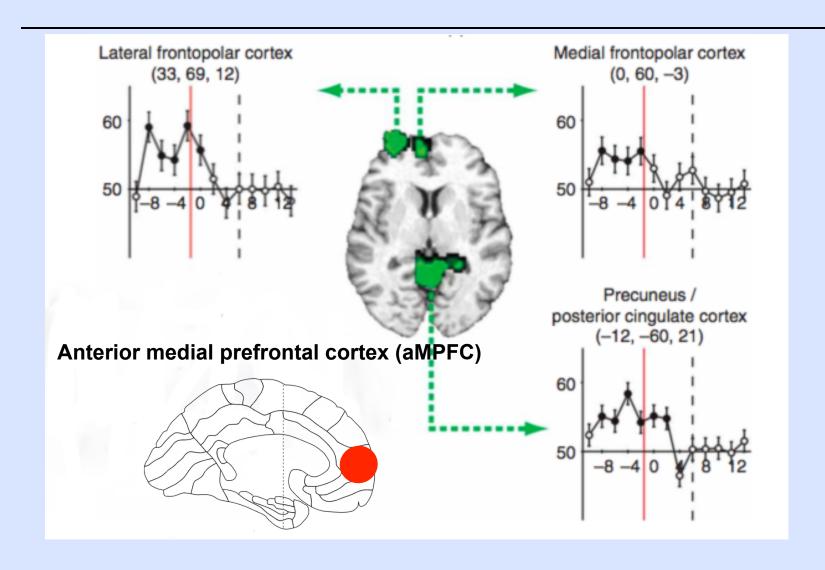
## Pattern classification



# Predicting decisions from brain activity

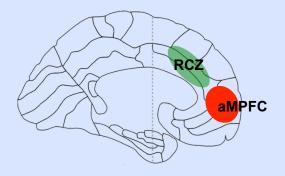


## Predicting decisions from brain activity



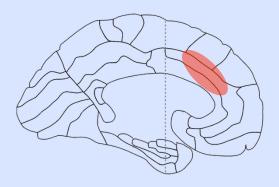
## Conclusions

- Explicit decisions between different response alternatives are related to the rostral cingulate zone (RCZ) which is part of the cognitive control network.
- Predicting intentional choices before awareness is related to the anterior medial prefrontal cortex (aMPFC) which is part of the 'default mode network'.



## Hypothesis I

Biasing decisions leads to a reduction of activation in brain areas involved in explicit decisions.

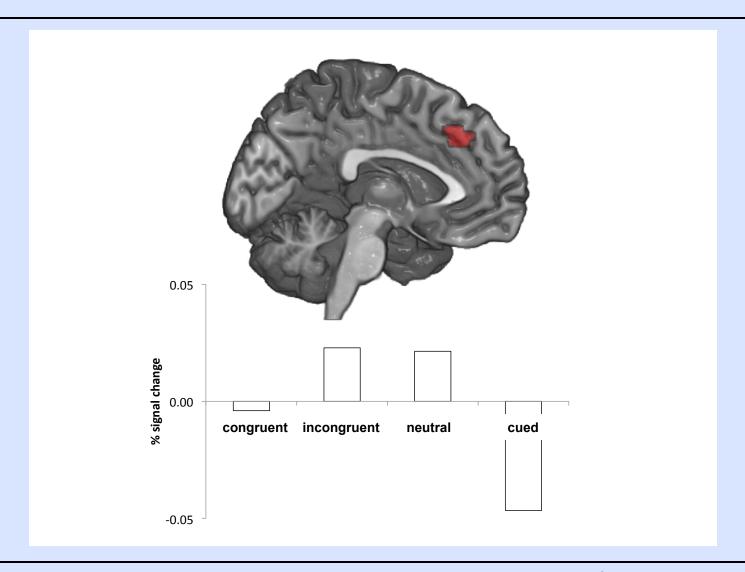


## Inducing a bottom-up bias

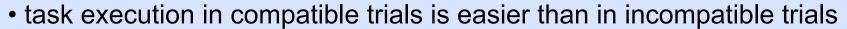
#### Voluntary task-switching paradigm

- participants can freely choose between two tasks
- in a training phase we associated some stimuli with specific tasks
- a) participants choose the biased option (congruent choice)
- b) participants choose the option that was not biased (incongruent choice)
- c) no bias was induced (neutral choice)
- d) a cue determined which task to choose (biased)

# Imaging results

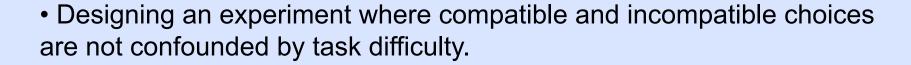


## Problems with the design



· we did not control for awareness

## WP4a



Making sure that participants do not become aware of the bias.

# Biasing decision: implicit learning (Axel)

## Training

- Participants are trained on sequences of buttom presses
- We test how aware they become of the sequence

#### Test

- Participants have to respond to stimuli by pressing keys
- In some trials they can freely choose which key to press

#### **Conditions**

- biased decisions (congruent or incongruent)
- unbiased decisions

## **Analyses**

- Classical GLM: congruent versus incongruent decisions
- MVPA: predicting decisions for biased or unbiased trials

# Biasing decisions: Masked priming (Patrick)

#### Design

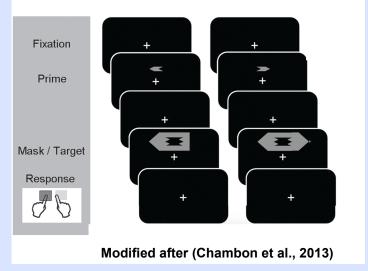
- Participants have to respond to arrows by pressing keys
- In some trials they can freely decide which key to press
- Participants are primed by masked left and right arrows

#### **Factors**

- Choice (cued vs. free)
- Congruency (congruent, incongruent, unbiased)

#### Dependent measures

- Behavioural bias
- Brain activation GLM
- MVPA



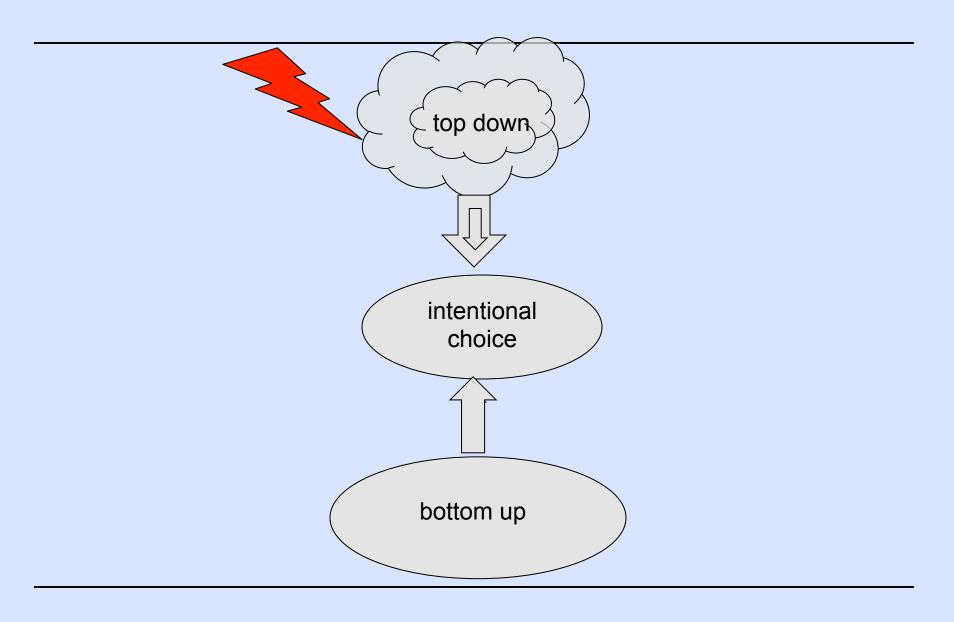
#### Open questions

- Can we predict congruent and incongruent trials from similar brain areas
- Does priming increases decoding accuracy

## WP4b

• Investigating the role of top-down control on intentional decisions

## Interferring with top-down control



# 'Ego depletion'

### Manipulation

Participants have to carry out a self-control task over a period of time

## Paradigm

Intentional choice paradigm with biased choices

#### **Predictions**

- Priming effects should become stronger
- Prediction accuracy for primed responses becomes stronger
- Brain areas involved in intentional choice are less active

# Impairing top-down control by sleep deprivation (Phillipe)



# Reducing top-down control by sleep deprivation (Philippe)

#### Rational

- There is a controversy whether sleep deprivation has ego-depleting effects (e.g. Vhos et al., in press, Barnes et al., 2011)
- It has been reported that sleep deprivation changes brain activity in the default mode network (Gujar et al., 2010)
- The aim of the current project part is to investigate the effect of sleep deprivation on intentional choice.

### Experiments

Comparing sleep deprived participants with a control group in an intentional action task

#### **Predictions**

- sleep deprivation leads to an increase of bottom-up influences
- reduction of brain activation in RCZ
- increased decoding accuracy for biased decisions

# Design 1

• implicit sequence learning

## Plans: Investigating the role of awareness

- Using implicit sequence learning to bias intentional choice (Axel)
- Testing whether participants became aware of the bias (Axel)
- Using subliminal priming to bias the choice (Patrick)

## The influence of high-level beliefs

## Manipulation

 Inducing disbelief in free will (Rigoni, Satori & Brass, Psych Science, 2010)

### Preliminary results

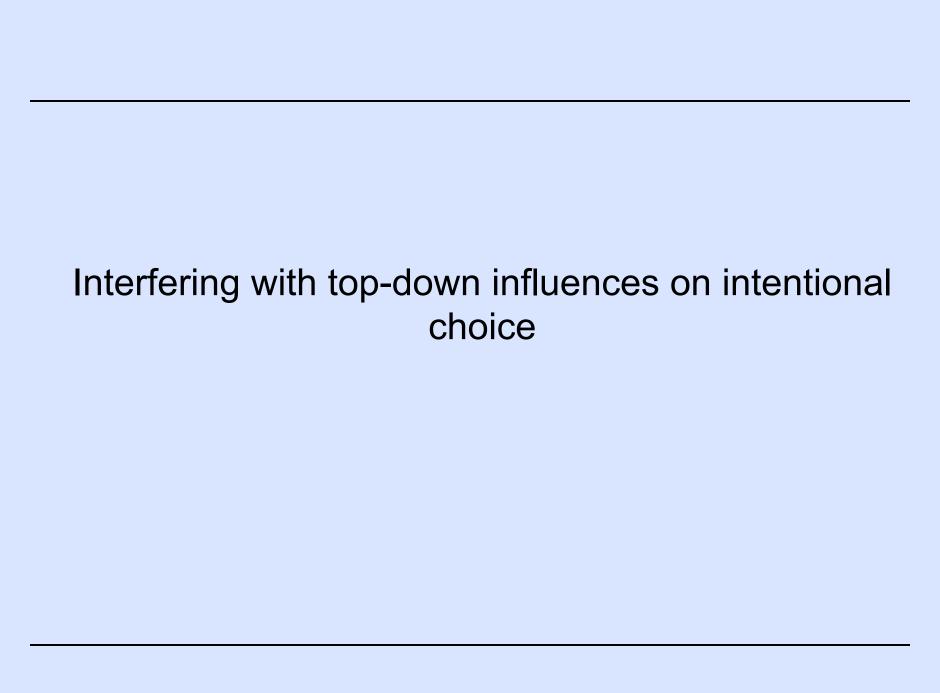
Prediction accuracy goes down

## Plans: Investigating the role of awareness

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## **Plans**

- Using sleep deprivation as a form of ego-depletion (Phillipe)
- Using classical ego-depletion manipulations
- Investigating the role of high-level beliefs

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